# SOLEMNITY OF THE MOST HOLY BODY AND BLOOD OF CHRIST

"FOR MY FLESH IS TRUE FOOD. AND MY BLOOD IS TRUE DRINK."

## Feast of Corpus Christie

St. Mary's Catholic Church June 6, 2021

Every time we gather for the Eucharist, we offer simple gifts of bread and wine that become Christ's Body and Blood for all to share. These basic staples of food and drink that we bring to the table become the flesh and blood of our Savior. His Body and Blood nourish us as we carry out his mission. Most of us realize now how much we miss receiving the Eucharist for an extended period of time. Therefore, let us approach the table of the Lord today in joy and gratitude for God's abiding presence in this sacred



Cycle B -- Reflections on the Readings

The Body and Blood of Christ (Corpus Christi)

Exodus 24:3-8; Psalm 116; Hebrews 9:11-15; Mark 14:12-16,22-26

## Theme: Holy Eucharist, food for the soul

There is always a spiritual thirst within us. Sometimes we may not be completely conscious about it. But this

thirst, if it is not satisfied properly, manifests itself in many unhealthy ways. It may show itself in the restlessness we have; despite possessing all that we desire, we may still feel we lack something. Or there may be an emptiness in life; life may seem to be meaningless. Or there may never be a sense of fulfillment in life; we may have a family, kids, a good job with a fat salary, yet life may seem unfulfilled.

Beloved, there is one solution for all these problems: **focus on Jesus**. Let Jesus be the primary focus of our life, our restlessness and emptiness, our meaninglessness and despondency shall disappear like the morning mist.

Today's readings focus on the obligations and relationships formed because of a blood bond. To share a common history is to live a common life.

## In the Holy Eucharist, Jesus left His Whole Self

On the night before His death, when men were plotting against Him, Jesus, knowing that His hour had come and that He had to depart from this world soon left a great and glorious memorial: His whole self in the Eucharist. St. John Chrysostom said, "Jesus gave you all, and left nothing for Himself." In the Holy Eucharist Jesus poured out His whole self, His whole love into it. St. Thomas Aquinas called the Eucharist "the sacrament of love, the pledge of love." It is the sacrament of love because love was the only motive, which induced Jesus Christ to give us His whole self in the Eucharist.

St. Philip Neri could find no other name for Jesus in the Blessed Sacrament than "Love". When the Holy Communion Viaticum was brought to him before his death, he said, "Behold my love; give me my love." Jesus left His whole self in the Eucharist and kept nothing for Himself.

## Our union with Jesus through the Eucharist.

In the Eucharist, Jesus desires to be united with each one of us in a particular manner. He said, "He who eats my flesh, abides in me, and I in him (Jn 6:57.)" In the Holy Communion Jesus is united with us, not symbolically, but truly and really. St. John Chrysostom said, "Jesus Christ mingled Himself with us, that we might be one thing; for this is the property of those who ardently love." The Eucharist is a precious experience. Its very nature implies a bond with God and with the community. At the first Passover, the blood on the doorpost prevented the death of the firstborn. The bread broken at the Last Supper symbolizes the disciples' sharing in Jesus' self-offering. Drinking from the cup of his blood creates a new and dynamic common bond.

My dear brothers and sisters let Jesus be the primary focus in your life. In the Holy Eucharist, He has poured Himself out completely. Let us adore and get united with Him in the Eucharist. Shalom!



## Eucharistic What is Eucharistic Adoration?

**Eucharistic adoration** is a prayer and form of worship that is offered to the Lord through His most Blessed Sacrament. Eucharistic adoration can be done in community or individually. In community, Eucharistic adoration is often led by the priest in a parish. In this form of worship, the Blessed Sacrament is taken from

the adoration chapel and exposed in the altar of the parish. Then, the whole parochial community is invited to adore the most holy and Blessed Sacrament through a liturgical prayer which is often already prepared beforehand or taken from prayer books written and published for that very purpose. In community, Eucharistic adoration usually is done in an hour.

### What are the benefits and advantages of Eucharistic Adoration?

**First**, we get to realize that indeed the Lord is Himself present in the Blessed Sacrament. In Eucharistic adoration, the host that we gaze upon is the Lord Himself and we keep Him company and do homage and worship to Him by our very presence.

**Second**, we get to love the Eucharist and all that is related to it: adoration and its celebration in the parish community or in a religious community. We get to realize how truly the Eucharist is the source and summit of Christian life. And this we realize by our frequent visits to the adoration chapel and by our practice of Eucharistic adoration. **Third**, we obtain much spiritual insight and wisdom from our prayers in Eucharistic adoration. We get to enter the divine mysteries of our Lord's life. The benefits and advantages we derive from the practice of Eucharistic adoration are even more increased if we combine it with the practice of *Lectio Divina*.

**Fourth**, by our practice of Eucharistic adoration, we join with millions of Catholics all over the world who pray for the Catholic Church and its institutions. The mere fact that we are making Eucharistic adoration is the sure sign of our support for the Eucharist as an institution of the Catholic Church. And many of those who do Eucharistic adoration may not realize this, but their prayers strengthen our faith in a God who became Man and who gives Himself to us daily through the Eucharistic celebration and through adoration of His most blessed Sacrament.

**Finally**, there are for certain many other benefits and advantages to practicing Eucharistic adoration in our Catholic lives. We cannot put them all in this article, but we know that there are many such blessings and graces that can be wrought from the practice of this classic spiritual exercise in our Catholic tradition. So, let us thank the Lord for the gift of the Eucharist, and let us follow what the Holy Father is saying about the Eucharist: "let us heed the call to be 'experts' in the celebration, adoration, and contemplation of the Eucharist." Let our practice of Eucharistic adoration be a way of being schooled in the Eucharist so that we may indeed pray well and be docile to Christ, our Good Shepherd, who is Himself in the Blessed Eucharist.

Article with kind compliments of Catholic Internet Mission

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What does the Word of God teach about how we are to speak to and about others? The Emmaus Institute for Biblical Studies is presenting:

#### Redeeming Communication: Christian Speech in a Hostile World

Saturday, June 12, from 9am-1pm at St. Mary Church in Nebraska City. Refreshments and lunch will be provided. Learn more and register at www.emmausinstitute.net.

## Faith Journey Catechetical Institute

Are you a Catholic who wants to fall deeper in love with Christ and His Church? Do you want to learn more about how you fit into greatest love story in the history of world? Do you want to be strengthened in your understanding of our Church's teachings? Have you ever wondered how the Catechism can be a resource and an enrichment to your faith? If you answered yes to any of these questions then the Catechetical Institute is for you!

Please join us for an information night with Bishop Joensen as guest speaker on June 21 from 7:00 PM - 8:30 PM at the Pastoral Center. For further details please visit us at <u>FaithJourneyCl.com</u>

## ST. MARYS HAPPENINGS

### PRAY FOR THOSE SERVING IN THE MILITARY

CHRIS HINES JOSH SIMMONS JACOB ANDERSON DERRICK HUBARD STEVEN ANDERSON COLBY MCGINLEY

Your Contributions May 30, 2021

> Tithes—\$ Plate—\$ Coffee—\$

Thank You!!

ADA update Our goal thís year ís \$18,910.00.

To date, we have received \$13,875.00 with 32 parishioners contributing.



- 6-1—Colby McGinley 6-1—Levi Hirner 6-5—Lori Goodman 6-14—Margaret Roberts 6-14—Nicole Zavadil 6-15—Susan Hilton
- 6-2—Bill & Andrea Clark 6-12—Michael & Rosie Callahan 6-19—Mike & Lisa Welch 6-22—Bill & Gloria Green 6-26—Bill & Alisha Ettleman



Greg Andersen Grady Secht Reese Kemp LeRoy Herscheid Mary Lou Miller Dottie Dankof Isacc Durr Todd Quick Verona Mitchell Joel Loggins Kenneth Russell Bill Lona Henry Johnsen Lawrence DuBois Pat Sheldon Joe Kirk Tim Konecny Esther McCowan Shawn Collins Drake Travis Martha Gude Bill & Gloria Green Larry Dalton Zayne Osborn Cathy Mason Anna Weber Alan Briggs Chuck Mitchell Dee Ann Crews **Robert Haughton** Maurie Maher Janet Rummel Jennifer McAllister Dave Zavadil

2021	June 6th Most Holy Body and Blood of Christ 8:30	June 13th 11th Sunday in Ordinary Time 8:30	June 20th 12th Sunday in Ordinary Time 8:30	June 26th 13th Sunday in Ordinary Time 6:15 P.M.	July 4 14th Sunday in Ordinary Time 8:30
Lector	Rick Jamison	Joe Travis	Carolyn Maher	Dave Dowling	Linda Dewhirst
Mass Setup	Joe	Rosie	Joe	Rosie	Joe
Cantor	Cora/Cora/ Amelia	Beth/Anna	Corra/Cora/ Amelia	Beth	Cora/Cora/ Amelia
Accompanist	Kate	Guitars	Kate	Nancy	Kate
Server	Garett Phillips	Cora Moody	Brady Hutt	Ryan Roberts	Max Mount
Coffee & donuts	Vince & Susan Hilton	N/A	Henry & Helen Martin		Dan & Lori Goodman
PASTOR		PASTORAL ASSISTANT		Bookkeeper	
Fr. Raphael Assamah 712-246-1718 Shen(office) 712-246-8876 (c) e-mail <u>max.assamah@yahoo.com</u>		Cheryl Phillips 712.382.2668 (h) 712-350-0169 (c) cheryljphil@gmail.com		Anne Hendrickson Bookkeeper 712.382.2432 (h) 712.350.0368 (c)	

### Readings for the week of June 6, 2021

Sunday:Ex 24:3-8/Ps 116:12-13, 15-16, 17-18 [13]/Heb 9:11-15/Mk 14:12-16, 22-26Monday:2 Cor 1:1-7/Ps 34:2-3, 4-5, 6-7, 8-9 [9]/Mt 5:1-12Tuesday:2 Cor 1:18-22/Ps 119:129, 130, 131, 132, 133, 135 [135a]/Mt 5:13-16Wednesday:2 Cor 3:4-11/Ps 99:5, 6, 7, 8, 9 [cf. 9c]/Mt 5:17-19Thursday:2 Cor 3:15-4:1, 3-6/Ps 85:9ab and 10, 11-12, 13-14 [cf. 10b]/Mt 5:20-26Friday:Hos 11:1, 3-4, 8c-9/ls 12:2-3, 4, 5-6 [3]/Eph 3:8-12, 14-19/Jn 19:31-37Saturday:2 Cor 5:14-21/Ps 103:1-2, 3-4, 9-10, 11-12 [8a]/Lk 2:41-51Next Sunday:Ez 17:22-24/Ps 92:2-3, 13-14, 15-16 [cf. 2a]/2 Cor 5:6-10/Mk 4:26-34